



**HAND/EYE
SYNCHRONICITY**
the hand that sees

DRAWINGS 6/7

Duration

15-20 minutes each

Subject

A single object or a collection up to four.

Technique

Unorthodox/non-dominant hand, continuous contact of the marker point to the paper, synchronicity, not looking at the drawing. Drawing size no larger than 12"

Materials

Combination of fine and medium Sharpie markers on white paper.

Aims

The aim of this exercise is to create a direct link between the communication of the eye and the hand, and develop trust between them.

In this exercise you will feel out the object with your eyes and relay that information to your unorthodox hand. In the process you will recognize the sensitive quality of the mark you are capable of making through the non-dominant hand.

Most drawing activities require a look-draw-look-draw approach. If the gap between the looking and drawing is too big the information is changed/distorted or lost. Ideally there would be no gaps between seeing and drawing of an object. But this is not possible.

In this drawing you look only the object and nothing else. Your drawing hand is moving in sync with your eyes. This requires total concentration. Feel with your eyes and respond with the pencil.

Think of the pencil as communicating seamlessly what is felt and expressed in the marks. Imagine that the pencil is an extension your brain, eyes, and heart.



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Directions

- 1_ Place your paper next to the hand you will be drawing with. If you are right handed this will be next to your left hand. You should position your object so that you can see your object with out looking at your drawing.
- 2_ Place medium sharpie marker in your non-dominant hand. Hold it in a way that is comfortable and relaxed. Pick a starting point and an ending point of your exploration.
- 3_ Place the marker point down on the paper without looking at the drawing and push and pull the marker around , trying to make the line/ mark you make (with the marker) move in synchronicity with the eye.
- 4_ Try not to lift up the point of the marker. Move continuously with the marker. Always trying to keep it in contact with the paper as you look.
- 5_ Work slowly. See looking/drawing as a journey. Try to feel the object as you draw.
- 6_ Do not worry about the drawing as you make it. ***Your eye will not trust your hand and you will be desperate to look but do not look!***
- 7_ Draw until you have completed the journey/circuit of looking at your object. It could take 5 minutes or it might take twenty.

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Directions

- 1_ Same as drawing 6 but with your dominant hand and switch to a fine sharpie.